

StNr	Nachname, Vorname	Verein	Strecke
483	Bodde, Monika	AS Neukirchen-Vluyn	6000m
487	Röder, Helmut	AS Neukirchen-Vluyn	6000m
685	Schramm, Herbert	Lauffreunde Hadi Wesel	6000m
532	Engel, Jürgen	Oberhausener TV 1873	6000m
690	Bienert, Armin	LG 1947 Viersen e.V.	6000m
479	Bülles, Petra	AS Neukirchen-Vluyn	6000m
423	Klöver, Wilfried	Nordic Walking mit Herz/Lev-aktiv	6000m
698	Neumann, Karin		6000m
415	Janssen, Gertrud		6000m
697	Birkmann, Silvia		6000m
531	Stiller-Mucha, Martina	Oberhausener TV 1873	6000m
699	Zohlen, Irene		6000m
641	Heidkamp, Georg	Rittergut Steinbüchel	6000m
417	Braun, Elke	AS Neukirchen-Vluyn	6000m
691	Stricken, Saskia	AS Neukirchen-Vluyn	6000m
424	Berdsen, Elke	Nordic Walking mit Herz/Lev-aktiv	6000m
524	Tatthoff, Günter	Oberhausener TV 1873	6000m
537	Kühn, Ursula	Oberhausener TV 1873	6000m
439	Kreutzkamp, Birgit	Turngemeinde Stürzelberg	6000m
444	Todtenhöfer, Klaus	Turngemeinde Stürzelberg	6000m
653	Roth, Gabi	Nordic Walking mit Herz/Lev-aktiv	6000m
581	Kölsch, Gabi	VfL Hinsbeck	6000m
693	Nienhaus, Ulla		6000m
634	Posselt, Margot	VfL Hinsbeck	6000m
447	Raddatz, Claudia	Turngemeinde Stürzelberg	6000m
587	Selbach, Rachel	VfL Hinsbeck	6000m
451	Czerwon, Alfred	Turngemeinde Stürzelberg	6000m
529	Flesch, Bärbel	Oberhausener TV 1873	6000m
516	Rupp, Ulrich	Oberhausener TV 1873	6000m
431	Koch, Melanie	AS Neukirchen-Vluyn	6000m
523	Roßmüller, Heinz	Oberhausener TV 1873	6000m
448	Orluk, Lieselotte	Turngemeinde Stürzelberg	6000m
435	Schnorrenberg, Evamarie	VfL Hinsbeck	6000m

Jg	Klasse	Zeit
1963	W55	44:31,0
1968	M50	45:32,0
1961	M55	46:39,0
1953	M65	49:23,0
1969	M50	50:01,0
1960	W60	50:28,0
1951	M65	51:41,0
1972	W45	52:26,0
1970	W50	53:18,0
1963	W55	53:31,0
1961	W55	54:12,0
1971	W45	54:28,0
1970	M50	55:19,0
1971	W45	55:32,0
1981	W35	55:33,0
1964	W55	55:53,0
1947	M70	57:11,0
1953	W65	57:50,0
1963	W55	57:52,0
1963	M55	57:53,0
1973	W45	58:12,0
1964	W55	58:19,0
1962	W55	58:22,0
1947	W70	59:46,0
1960	W60	1:00:08,0
1972	W45	1:01:15,0
1938	M80	1:01:43,0
1951	W65	1:02:31,0
1959	M60	1:03:25,0
1973	W45	1:06:43,0
1951	M65	1:06:45,0
1949	W70	1:07:15,0
1938	W80	1:09:09,0